

EAST MAITLAND PUBLIC SCHOOL

*East Maitland Public School is an effective school providing a
Supportive environment in pursuit of excellence*



17/2/2020

Dear Parents/Carers

Hunter New England Local Health District - Aboriginal Health Unit delivers a health promotion/prevention program for all students. We are asking for your consent for your child to participate in the Shake A Leg (SAL) program for students in Years 3 & 4.

The program is delivered in 40-minute sessions, 1 session per week for 5-6 weeks. It is written to meet key content areas of the school curriculum in Physical Education and Personal Development, Health and Welfare. Some of the key topics covered are nutrition, oral health, otitis media, physical activity and identity. The 'Shake A Leg' program is not only aimed at improving health and practices of the children, but also the family and community.

As a participant in the program we seek permission to enter your child's details into our data system CHIME. This process is highly confidential and your child's information will only be used in conjunction with the Shake A Leg program.

*** Please return this form to your school as soon as possible if you would like your child to participate in the Shake A Leg program.**

I give permission for _____ to participate in the Health Promotion/Prevention program Shake A Leg

Please print parents/Care's Name: _____

Signed: Parent/Caregiver: _____

Date: _____

For Further Information contact Lilli Garvey:

Lilli.Holmes@health.nsw.gov.au



Health
Hunter New England
Local Health District